

# **PRODUCTIVE LIVING SYSTEMS, INC.**

## **Program Statement**

### **Lake Road**

#### **INTRODUCTION:**

Pnuma 3 provides flexible, individualized living arrangements for adults whose functional and/or adaptive skills preclude independent living. Pnuma 3 is licensed by the State of Wisconsin as a Class A-Ambulatory (AA) 6-Bed Community-Based Residential Facility (CBRF). It is open to people with mental illness, developmental disability, or emotional disorders. All clients at Pnuma 3 will be ambulatory and must be able to self-evacuate should an emergency occur. The overall program goal is to establish a home-like environment. Pnuma 3 strives to provide whatever support an individual requires to experience a comfortable, quality and enthused lifestyle.

The licensee of Pnuma 3 is Productive Living Systems, Inc. The Regional Director acts as Administrator for Pnuma 3. If the Regional Director is unable to act as Administrator, an interim Administrator will be assigned. The Program Manager is responsible for the daily operation of the program.

#### **SUPERVISION:**

Pnuma 3 staff provides supervision 24 hours a day. The nature and extent of supervision required is addressed on an individual level in each "Individual Service Plan."

#### **HEALTH MONITORING:**

Pnuma 3 staff ensures that new tenants have a medical exam within ninety (90) days prior to or seven (7) days after moving in. Staff assists in the scheduling of and transportation to medical appointments. Health services are documented in the individual's record. A running log of health care contacts and other pertinent information is kept.

#### **MEDICATION MONITORING:**

A self-administration model is used. Level of supervision is initially determined in the "Individual Service Plan" and is depending on each individual's needs. Staff continuously evaluate a tenant's capability and adjust for the level of supervision required. All Physicians' orders are found in the "Health Care Contact" of the tenant's record.

#### **PERSONAL CARE:**

Each individual is expected to maintain a regular pattern of personal hygiene and grooming. Staff provides necessary support, with strong encouragement in directing tenants to maintain an independent lifestyle, with minimal assistance and reminders.

#### **INDEPENDENT LIVING SKILLS:**

Pnuma 3 staff assists tenants in maintaining or increasing their capability to be self-reliant. Certain facets of independence may include shopping, food preparation or use of public transportation.

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#### **FAMILY CONTACT:**

Pnuma 3 staff encourages and helps to arrange contact between a tenant and their families.

#### **TRANSPORTATION:**

Pnuma 3 staff provides or arranges transportation for medical appointments, work, educational programs, religious activities as well as many other community events.

#### **LEISURE TIME ACTIVITIES:**

Our program emphasizes social and recreational activities at home such as games, outdoor activities and personal hobbies. Scheduling and planning activities are based on tenant interest and ability. An atmosphere of spontaneity and flexibility is the goal, to aid in the realization of "normal" home lifestyle. Staff is encouraged to evoke passion in tenants through presenting any personal interests or talents that may be new or of interest to the rest of the Pnuma 3 community.

#### **COMMUNITY ACTIVITIES:**

Pnuma 3 staff informs tenants of community programs and activities of interest offered in the area. Calendars and bulletin boards containing information are maintained by staff and tenants. Staff will facilitate tenant's participation in individual or group events outside of the house.

#### **PROGRAM REFERRALS:**

Staff and tenants maintain bulletin boards, calendars and files containing and displaying current applicable programs offered in the community. Pnuma 3 staff work with families, guardians and case managers for referrals to programs.

#### **MONITORING SYMPTOMS AND STATUS:**

Pnuma 3 staff informs case managers, therapists, doctors or any other relevant people of any changes in symptom status. Documentation of change is kept in the tenant's record as well as summarized in a "Monthly Update."

#### **TRANSITIONAL SERVICES:**

Pnuma 3 staff provides supportive services for tenants as they develop more independence and transition to a less structured environment.

**Additional or specific services that an individual may require will be addressed in the "Individual Service Plan."**